

Information to patients who have an outpatient appointment or a planned admission to the hospital

Antibiotic resistance

We want to prevent the spread of antibiotic-resistant bacteria to other patients and to the staff, as well as to be able to give you the right antibiotic treatment if an infection due to antibiotic-resistant bacteria occurs. Therefore, we ask you to answer the questions below.

Travel and infection screening

If you answer “yes” to any of the following questions, please contact your general practitioner (GP) to clarify if you need to take screening tests before your appointment at the hospital.

During the last 12 months, have you:

- been admitted to, or worked in a treatment center or hospital outside the Nordic region?
- received extensive tests or treatment, including dental treatment, outside the Nordic region?
- worked or resided in an orphanage or refugee camp outside the Nordic region?
- been admitted to a hospital where there was an outbreak of MRSA, VRE or ESBL bacteria?

Or have you:

- previously tested positive for bacteria, which is resistant to antibiotics?
- during the last 12 months lived together with a person who has tested positive for bacteria, which is resistant to antibiotics?

You can take this form with you to your GP. The form contains information for your GP regarding testing. Treatment and testing at your GP is free of charge.

When attending a planned stay at the hospital, the health personnel will ask you if you have answered the questions in this form.

Please inform the hospital before your appointment if you have received a positive answer for antibiotic-resistant bacteria so that necessary measures can be taken.

Til fastlege

Pasientar som har svart «ja» på nokre av spørsmåla og skal:

- til poliklinisk undersøking eller dagbehandling, skal ta ei prøve for MRSA
- bli lagd inn på sjukehus eller ha jamleg dagbehandling, skal ta prøve for MRSA, VRE og ESBL
- til lovpålagt tuberkuloseundersøking er det ikkje naudsynt å ta prøve for påvising av antibiotikaresistente bakteriar

Screeningprøvar:

- MRSA: ein e-Swab ytterst i kvart nasebor med same pensel, ein i svelg inklusiv tonsillar og ein til perineum. I tillegg skal det takast prøve frå sår, eksem, ferske arr eller andre defektar i huda, innstikkstad for framandlekamar og urinprøve dersom pasienten har urinkateter.
- VRE/ESBL: FecalSwab, pensel må bli ført 3-5 cm inn i rektum (med synleg avføring). Tilleggsprøvar skal takas med e-Swab frå sår med sekresjon og urinprøve dersom pasient har urinkateter.

Positive prøvesvar varslas til behandlingsansvarleg lege i sjukehuset før pasientens planlagde opphald slik at naudsynte tiltak kan gjennomførast.