

Information for patients and visitors regarding isolation measures

Precautions

Occasionally it is necessary to isolate a patient with infection. To prevent spreading bacteria and virus to other patients, staff or visitors.

The pathogenic can spread by saliva, secreting sore, spit, feces, urin or blood.

Isolation does not mean that the patient is seriously ill

It is important patients and visitors help to prevent spread of infection.

Patients should note the following

1. Patients should not leave the room without prior agreement from medical staff. Use the alarm. If you have permission to leave the room use clean clothing and carry out hand hygiene.
2. Use bed pan and urin bottle if the room does not have a toilet.
3. Do not touch sore, bandages or drain.
4. If the bandage is loose or the sore is secreting through the bandage inform the nurse.
5. Good hand hygiene is important and should be carried out after toilet visits, use of bed pan or urin bottle, touching the sore or bandage, before eating or leaving the room.

Visitors should note the following

1. Staff will inform visitors of the necessary precautions before entering the room.
2. You will be informed if it is necessary to reduce the number of visitors.
3. Children should not enter the room without prior agreement.
4. Use a chair instead of sitting on the edge of the bed.
5. Do not touch the sore, bandages or drain.
6. You may bring things into the room, but may not remove anything from the room without prior agreement.
7. Do not eat or drink anything already in the room.
8. Carry out hand hygiene before leaving the room, even if you have used disposable gloves. Precautionary washable clothing should be placed in the yellow bin bag, disposable clothing should be disposed of in the yellow rubbish box.
9. You must not visit other hospitalised patients directly after being on the isolation ward. Other patients should be visited first.

*Hand hygiene means either hand wash with soap and water or hand disinfection spirit.

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